

October's Sainly Feasts!



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Oct 2 - Memorial of the Guardian Angel

"All of us, according to church tradition, have an angel with us, who watches over us, and lets us hear deep inside, wise words meant to help people make the right choices." -

[Pope Francis, Oct 2, 2014](#)

Oct. 4 - Feast of St. Francis of Assisi

St. Francis heard God asking him to "Rebuild his Church." Pope Francis, in taking the name of this great saint, has made "rebuilding the Church" a priority in our own times, through authentic Gospel living and care for those who are poor,



FUN FACT
St. Francis designed the first nativity set!

October 15 - Memorial of Saint Teresa of Jesus, Doctor of the Church

St. Teresa of Avila was known as a woman of prayer, discipline, and compassion. Her heart belonged to God. One of her most famous saying is: "Let nothing disturb you. Let nothing make you afraid. All things are passing, God alone never changes. Patience gains all things. If you have God, you will want for nothing. God alone suffices."

October 21, St. Kateri Tekakwitha Lily of the Mohawks

St. Kateri Tekakwitha was the first Native American saint in the United States and Canada. She was a Mohawk Indian born in what is now Auriesville, New York, ten years after Isaac Jogues and his companions were martyred there.



October 25th - is the historical feast of Sts. Crispin and Crispinian, brothers who evangelized France in the middle of the third century. Even though they hailed from Roman nobility, they worked as simple shoemakers by night and preached the gospel during the day.

October 31 - What is Halloween

The word "Halloween" comes from All Hallows' Eve. All Hallows' Eve is the vigil celebration of All Saints Day also known as All Hallows' Day. The word "hallow" means "holy." All Saints Day is a Holy Day of Obligation, and a major feast on the Church's liturgical calendar.

A light & airy dessert for all your angels!

[Meaningfuleats.com](#)
[Perfect Gluten-Free Angel Food Cake](#)



Build and re-build a house with snack items. As you build, share a conversation about what a home is. What does your house need to be safe, secure and welcoming? How can we help others with less?

[myfussy eater.com](#) -
[Snack House](#)



Celebrate St. Theresa who was born in Avila, Spain. She was a Carmelite nun and prominent Spanish mystic and religious reformer.

[Delish.com](#)
[- Spanish Rice](#)



Fall is a time of harvest and as we celebrate St. Kateri, corn was a staple to the Native Americans. Celebrate St. Kateri with homemade cornbread.

[kidsactivitiesblog.com](#)
[- Homemade Cornbread](#)



Serve this simple dessert and talk about how these saints worked at night and evangelized during the day.

[catholiccuisine.blogspot.com](#)
[- St. Crispin's Apple Crisp](#)



Use Candy Corn to talk about the Trinity. The three colors in the candy represent God the Father, Jesus, the Son and, the Holy Spirit. God is three in one!

[catholiccuisine.blogspot.com](#)
[- Candy Caramel Corn](#)

