



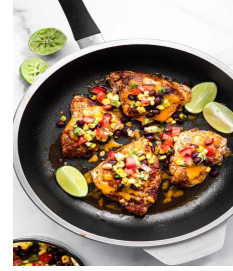
March's Sainly Feasts!



March 3 - St. Katharine Drexel had always been interested in the plight of the Native American peoples. While on a European tour, she met Pope Leo XIII and asked him to send more missionaries to Wyoming for her friend Bishop James O'Connor. The pope replied, "Why don't you become a missionary?" And so she did. After three and a half years of training, Mother Drexel and her first band of nuns—Sisters of the Blessed Sacrament for Indians and Colored—opened a boarding school in Santa Fe. In all, she established 50 missions for Indians in 16 states.

In on honor of St. Katharine Drexel first school in Santa Fe serve this - Santa Fe Chicken. It is an easy, weeknight dinner that is naturally gluten free and healthy! This will please even the pickiest of eaters!

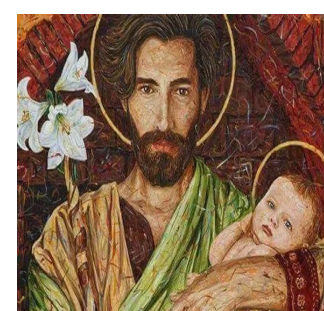
foodfaithfitness.com - [Santa Fe Chicken](#)



March 17 - St. Patrick It was said that Saint Patrick ran out all the snakes in Ireland. The snakes are metaphor and refer to non-christians at the time of St. Patrick. Because of St. Patrick's courage evangelizing efforts catholicism is now the predominant religion in Ireland. Note: America has the largest population of Irish people outside of the UK. In 1858 NYC St. Patrick's Cathedral cornerstone was placed. Learn more youtube.com - [tour of St. Patrick NYC](#)

Serving Irish Soda Bread is great way to commemorating St. Patrick the patron saint of Ireland. It's great with supper, and as a treat at tea time, with some butter and jam. Or if you prefer take a slice with you to a St. Patrick day Parade. FYI: The St. Patrick's Day parade in Scranton Pa. is the 6th largest in the USA.

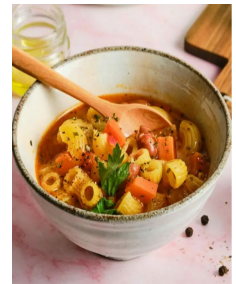
catholiccuisine.blogspot.com - [Traditional Irish Soda Bread](#)



March 19 - St. Joseph is considered the patron saint of the Universal Church, families, fathers, immigrants and more. Everything we know about the husband of Mary and the foster father of Jesus comes from Scripture. We know Joseph was a compassionate, caring, and faith filled man.

Just like green is the color of the day for Saint Patrick, Red is the color of the day for Saint Joseph! The feast of San Giuseppe (St. Joseph) is celebrated widely in Italy. Supper time could include and easy Minestrone Soup!

foodfaithfitness.com - [Minestrone Soup](#)



saintsfeastfamily.com - [learn more about the traditional meals that celebrate St. Joseph](#)

Sometimes when we think about Mary as the mother of Jesus we can forget her everyday tasks of making a safe and comforting home. Let's recall all those comfort foods our own mothers have prepared for us.

whatsfordinnermoms.com - [Comfort food](#)



March 24 - Feast of St. Gabriel the Archangel

March 25 - Solemnity of the Annunciation of Our Lord

This solemnity recalls the historical event of the Angel Gabriel appearing to the Virgin Mary, as found in Luke 1:26-38. It also celebrates the Church's faith in the underlying reality that took place at that moment in time, the Incarnation, making this solemnity not only a Marian solemnity, but first and foremost a Christological one.

Happy Easter

March 31 - Easter is the celebration of Christ's resurrection from the dead. It is celebrated on Sunday, and marks the end of Holy Week, the end of Lent, the last day of the Easter Triduum (Holy Thursday, Good Friday and Easter Sunday). Traditional family activities vary by region. In the United States, children often hunt for Easter eggs, which are often -dyed hard boiled eggs, though they can be plastic eggs filled with candy or small gifts. Candy is a traditional gift for Easter and a sweet way to break our Lenten fasts. A family meal is often celebrated on Easter Sunday.

Dyeing Easter eggs is a beloved tradition and one of the most fun Easter crafts to share with kids of all ages. Try these natural dyes. Note that natural egg dyes aren't as vivid as chemical dyes, but their muted colors are part of their homemade charm.

allrecipes.com - [How to Make 9 Natural Easter Egg Dyes](#)



Try some of these ethnic food option for your Easter celebration!

thehungertravelerblog.com - [11 Easter Recipes from around the world](#)

