

1st Reading: Prv 8:22-31
Responsorial: Ps 8:4-5, 6-7, 8-9
2nd Reading: Rom 5:1-5
Gospel: Jn 16:12-15

The Solemnity of the Most Holy Trinity

Today's travellers rely much on using a GPS, Global Positioning System. When you want to go somewhere, you simply plug in the address and it will guide you as you travel. If you make a wrong turn, the GPS will adjust the directions to get you back on the right track. If you get lost, even from a detour, the GPS will help you find your way home.

In trying to find our way through life's journeys, God has given us a spiritual GPS to guide us. That guide is the Holy Spirit. When we don't know what to do or which way to turn, the Holy Spirit always points us in the right direction.

Many times we are faced with decisions or choices. Sometimes we rely on our feelings, which are self-serving. Sometimes we are led by "what everyone else is doing" which also may lead us in the wrong direction.

Jesus knew that we needed help in making the right decisions in life. He promised that God would send the Holy Spirit "to guide us in all truth." That means that the Holy Spirit will help us to understand God's Word which always points us in the right direction. It points us to Jesus who is "the Way, the truth, and the life."

(adapted from sermons4kids.com/our_spiritual_gps.htm)

The connection of trinity is seen in the relationships of our families. Often the Holy Trinity is referred to as love, truth and peace. God the Father loves us. Through his Son, Jesus, God's love is revealed. The peace of the Holy Spirit remains with us as a guide in our faith. Our families are also built on these three values: love, truth and peace. Consider your own family to see where these qualities are noticeable.

Bringing the Gospel Into Your Family

We've all seen through a clover leaf how one item can have three parts. It's a way that visually helps describe the concept of the Trinity. Look for ways that the Trinity can be seen in you own family. Where is love exemplified? How is the truth made known? What brings about peace? Light three candles and pray together thanking God for being present through the Holy Trinity and for the gifts of love, truth, and peace in your family.

(rc1blectionary.com/most-holy-trinity-sunday-year-c)



Catholic Kids Homilies Easter



The Diocese of Syracuse will usher in
the National Eucharist Revival on
June 18, 2022

[Diocese of Syracuse Details Here](#)



The Family Kitchen

Celebrate St. Anthony of Padua, June 13
With Pain Perdue or "Lost Bread."

St. Anthony is most notable for being the patron of lost items. Pain Perdue, or Lost Bread is simply a special French Toast recipe. On this day, have a special breakfast!

Catholiccuisine.blogspot.com

And don't forget this little prayer when needed:

"Dear Saint Anthony, please come round - Something is lost and must be found."



Links for More Resources, Ideas and Activities

Sermon4Kids.com : Children's Worship Bulletin Trinity Sunday (lots of activities)

USCCB.org: Resource for Eucharist (A Simple Infographic for families)

Ahearttoknow.com : How To Explain The Trinity To Children

Youtube: The E-U-C-H-A-R-I-S-T Song



Use the url or QR code below to access the digital content on your computer or smartphone for the digital version with hyperlinks: Links are curated for families to continue to grow and learn together! Faith can be fun!

bit.ly/thisweekathome